

LEADERSHIP DEVELOPMENT

- Examine the characteristics of a leader
- Learn how leadership exposes hidden organizational talent
- Find out how leadership impacts the workplace and the community

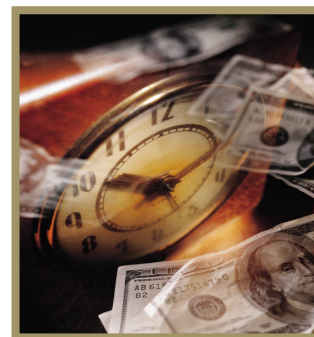


WORK/LIFE BALANCE

- Discover strategies on how to create balance in your professional and personal life
- Find out the importance of "Time-Out"
- Explore the importance of setting and attaining goals

ASSERTIVENESS DEVELOPMENT

- Learn three methods of behavior
- Learn the benefits of communicating assertively
- Discover the difference between aggressive and assertive behaviors



CAREER DEVELOPMENT

- Learn interviewing strategies for immediate application
- Learn the unspoken codes of conduct during an interview
- Gain an understanding of factual development and its weight during the application process

STRESS MANAGEMENT

- Gain an understanding of stress
- Uncover stressors
- Explore techniques to successfully manage stress

CUSTOMER CARE

- Learn the importance of internal and external customers
- Utilize techniques that will heighten customer interactions
- Discover strategies that promote customer loyalty



Customized workshops for any specified area of interest!

— **ARTEMIS CONSULTING GROUP, LLC** —

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DIVERSITY TRAINING

- Find out what makes us diverse
- Gain an understanding of generalizing and stereotyping
- Find out how to create and promote change in your organization



SEXUAL HARASSMENT TRAINING

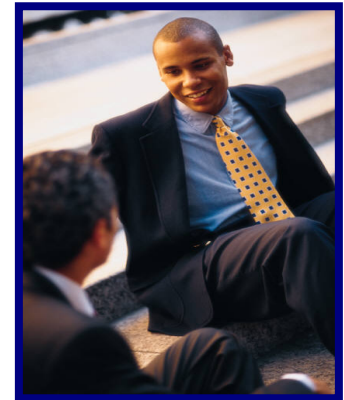
- Gain an understanding of what really defines harassment
- Learn the different types of sexual harassment
- Find out what steps to take when dealing with harassment

MANAGEMENT TRAINING

- Utilize strategies that develop a winning management style
- Learn how to create an excellent rapport when managing team members
- Explore management strategies that heighten productivity

MANAGING CHANGE IN THE WORKPLACE

- Identify personal reactions change
- Learn the phases of workplace change
- Find out how change can promote growth



CONFLICT RESOLUTION

- Discover what defines conflict
- Learn how conflict can be used to accomplish organizational goals
- Apply strategies on how to successfully manage conflict

TEAM BUILDING

- Discover the benefits of working harmoniously
- Learn how to be an effective team player
- Explore team building strategies

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